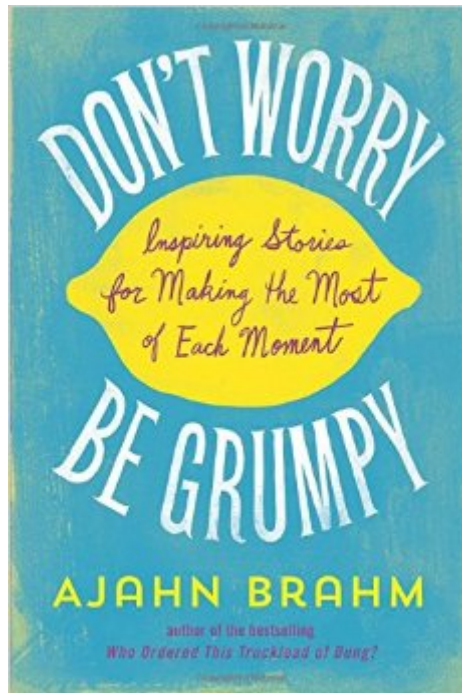


The book was found

Don't Worry, Be Grumpy: Inspiring Stories For Making The Most Of Each Moment



Synopsis

Laugh aloud even as you look at life anew with these stories from the bestselling author of *Who Ordered This Truckload of Dung?* In 108 brief stories with titles like "The Bad Elephant," "Girlfriend Power," and "The Happiness License," Ajahn Brahm offers up more timeless wisdom that will speak to people from all walks of life. Drawing from his own experiences, stories shared by his students, and old chestnuts that he delivers with a fresh twist, Ajahn Brahm shows he knows his way around the humorous parable, delighting even as he surprises us with unexpected depth and inspiration.

Book Information

Paperback: 240 pages

Publisher: Wisdom Publications (October 21, 2014)

Language: English

ISBN-10: 1614291675

ISBN-13: 978-1614291671

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (38 customer reviews)

Best Sellers Rank: #205,052 in Books (See Top 100 in Books) #98 in [Books > Humor &](#)

[Entertainment > Humor > Religion](#) #1337 in [Books > Politics & Social Sciences > Philosophy >](#)

[Eastern > Buddhism](#) #1397 in [Books > Religion & Spirituality > Worship & Devotion >](#)

[Inspirational](#)

Customer Reviews

From the mind of a Buddhist monk. It is an alternate way to look at the world around you. Told in 108 short stories, it is often funny, and sometimes ridiculous. I recommend for anyone looking for a quick read to lighten the mood.*I received a free copy in exchange for an honest review*

Such a beautiful book, and such a joyous spirit! Full Disclosure: I recently interviewed Ajahn Brahm for our Inspire Nation Show...I think he broke the laughter-per-minute quota!!! What an amazing soul, and he shares fantastic story after story after story to help us 'get it'...and it's hard not to after reading his book. It's a treatise for life, wrapped up in short, bite-size, entertaining stories. Each one is its own fortune cookie telling its own tale, and its own lesson. It's hard not to get sucked into the stories, and then reflect them back to our own lives...which is exactly the point. He helps us realize the grandeur, the beauty, the silliness, the ease, and the difficulty that is all around us, and helps us

learn how to let it all go, and to simply be in the moment. In that sense, *Don't Worry, Be Grumpy* is a very powerful tool, wrapped up with a smile.

Another great book by Ajahn Brahm. You don't have to be Buddhist to enjoy these stories. Told with a tone of a wise grandfather, *Don't Worry Be Grumpy*, is insightful while being easy to take. Fun while sneaking in lessons on being kind to yourself and how to deal with conflict. Well written and emotionally open you will find yourself nodding in agreement with his easy solutions to life's problems.

I am changing my review on this book. At first I felt it was inferior to "Who Ordered This Truckload of Dung?" but after nearly finishing the book I now recommend it. I think the first 1/3 of the book is not as good, but later on it picks up and there are some very good stories in it. I am enjoying the book, and am nearly finished with it, so I can now say I do recommend this book. It is well worth reading.

An absolutely fabulous book. If you need a pick-me-up with short stories and a laugh, this is your book. I have since ordered three more of this wonderful Monk's books.

Ajahn Brahm with his simple short stories succeeded to enter me in the realm of a far deeper philosophy I was not aware of. His sense of humor is very optimistic. His simple way of writing is easy and encourages the reader to go on, story after short story.

Principles of life told in a light hearted way. End of each stories you will walk away with loving reflection on you own life. Besides this it's an excellent way for couples to find their zone by telling each other the stories.

Any of the Buddhist teaching tale books by Ajahn Brahm are worth the money. His stories has eased my way through what would have / could have been troubling times. Buy all of his books!

[Download to continue reading...](#)

Don't Worry, Be Grumpy: Inspiring Stories for Making the Most of Each Moment
Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days
The Worry Cure: Seven Steps to Stop Worry from Stopping You
TALES AROUND THE CAMPFIRE: An Inspiring Short Story Collection (Inspiring Short Stories Book 1)
Self Help: How To

Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Grace for the Moment: Inspirational Thoughts for Each Day of the Year Memes: Cat Memes: Funny Cat Books: (Grumpy Cat, Animal Jokes, Funny Memes, Funny Jokes) Children's Book: My Grandpa is NOT Grumpy!: Funny Rhyming Picture Book for Beginner Readers (ages 2-8) (Funny Grandparents Series- (Beginner and Early Readers) 1) Jewelry Making: Jewelry Making Instructions to Easily Create Beautiful Pendants, Bracelets, Earrings, and Necklaces (Jewelry Making Books, jewelry making for dummies, jewelry making tools) Jewelry Making: 33 Tips and Advices For Making Unique Earrings (jewelry making, jewelry making books, jewelry making kits) Northwest Top 10 Garden Guide: The 10 Best Roses, 10 Best Trees--the 10 Best of Everything You Need - The Plants Most Likely to Thrive in Your Garden ... Most Important Tasks in the Garden Each Month Ouija Board Stories: Chilling True Horror Stories Of Ouija Boards Gone Wrong (Ouija Board Stories, Ghost Stories, True Horror Stories, Ouija Board Nightmares, Haunted Places Book 1) Storytelling: 99 Inspiring Stories for Presentations: Inspire your Audience & Get your Message Through (Storytelling, inspirational stories & presentation zen, mentoring 101, ted talks) Wine Making: Beginner Wine Making! The Ultimate Guide to Making Delicious Wine at Home (Home Brew, Wine Making, Red Wine, White Wine, Wine Tasting, Cocktails, ... Vodka recipes, Jello Shots Beer Brewing) GHOST STORIES: The Most Horrifying REAL ghost stories from around the world including disturbing- Ghost, Hauntings & Paranormal stories (Unexplained mysteries, ... locations, Haunted house, Possession,) Textiles Re:imagined: Delve into the minds of 50 of the world's most innovative and inspiring textile and fiber artists (Formerly 3D Mixed Media Textile Art) Bizarre True Stories: Weird And Unusual True Stories Of The Paranormal, Strange Sightings, Eerie True Ghost Stories And Unexplained Phenomena (True Paranormal ... True Ghost Stories And Hauntings) Ghost Stories: Petrifying True Ghost Stories Of The Undead And Their Supernatural Tales (Ghost Stories, True Ghost Stories, Conspiracy Theories, True Ghost ... And Hauntings, Haunted Asylums, Book 1) True Ghost Stories And Hauntings: Horrifying True Paranormal Hauntings From The Last 300 Years: Creepy True Ghost Stories And Accounts (True Ghost Stories, True Paranormal, Bizarre True Stories) Different . . . Not Less: Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger's, and ADHD

[Dmca](#)